

MENU 2

27th July – 2nd August

| Date | Breakfast | Lunch | Tea | Supper |
|-------------------------|--|--|---|--------|
| Mon 27 th | Cereal or porridge, grapefruit or prunes or fruit juice. Yoghurts. Toast and preserves. Full English breakfast. | Braised faggots with onion gravy or chicken and tomato pasta bake. With mashed or boiled potatoes. With broccoli & carrots. Sweet Trolley | Homemade leek & potato soup with a roll & butter or Homemade scotch eggs. Or sandwich, cheese & biscuits. Tinned fruit or yoghurt or Crème caramel or Mousse or Choc Ice or Cornetto Jam donuts. | |
| Tue 28 th | Cereal or porridge, grapefruit or prunes or fruit juice Yoghurts Toast and preserves | Steamed cod in a white sauce or chicken coq au vin. With mashed potatoes, new potatoes, cauliflower, butternut squash & peas. Sweet Trolley | Homemade cream of tomato soup with a roll & butter. Homemade fishcakes. Or sandwich, cheese & biscuits. Tinned fruit or yoghurt or Crème caramel or Mousse or Choc Ice or Cornetto. Coconut cakes. | |
| Wed 29 th | Cereal or porridge, grapefruit or prunes or fruit juice Yoghurts Toast and preserves Full English breakfast. | Roast IOW gammon with parsley sauce , lyonnaise potatoes, leeks & carrots or quiche Lorraine with mixed salad. Sweet Trolley | Homemade pea & ham soup with a roll & butter. Cheese on toast. Or Sandwich, cheese & biscuits. Tinned fruit or yoghurt or Crème caramel or Mousse or Choc Ice or Cornetto Banana Cake. | |
| Thu 30 th | Cereal or porridge, grapefruit or prunes or fruit juice Yoghurts Toast and preserves | Minted lamb steak with a rich gravy, with mashed potatoes, broad beans & carrots. Or a tuna mayo salad with boiled potatoes. Sweet Trolley | Homemade creamy chicken soup with a roll & butter. Kippers with bread & butter. Or a sandwich, cheese & biscuits. Tinned fruit or yoghurt or Crème caramel or Mousse or Choc Ice or Cornetto Lemon drizzle cake. | |
| Fri 31 st | Cereal or porridge, grapefruit or prunes or fruit juice Yoghurts Toast and preserves Full English breakfast. | Steamed or battered fish with chips or mashed potatoes, peas or mushy peas & grilled tomatoes. Or a prawn salad with Marie rose sauce. Sweet Trolley | Homemade broccoli and cream cheese soup with a roll & butter. Fresh breaded chicken goujons. Or a sandwich, cheese & biscuits. Tinned fruit or yoghurt or Crème caramel or Mousse or Choc Ice or Cornetto Swiss roll. | |
| Sat 1 st | Cereal or porridge, grapefruit or prunes or fruit juice Yoghurts Toast and preserves | Steak & ale pie or spam fritters with mashed potatoes, boiled potatoes, peas & cabbage. Sweet Trolley | Homemade French onion soup with cheese croutons. Bacon rolls. Or a sandwich or cheese and biscuits. Tinned fruit or yoghurt or Crème caramel or Mousse or Choc Ice or Cornetto Butterfly cakes. | |
| Sun 2 nd | Cereal or porridge, grapefruit or prunes or fruit juice Yoghurts Toast and preserves Scrambled eggs on toast and smoked salmon. | Roast lamb with Yorkshire puddings & mint sauce or salmon with a prawn sauce. With roast or mashed potatoes, cauliflower cheese, parsnips & swede. Sweet Trolley | Homemade creamy mushroom soup with a roll & butter. Crumpets. Or a sandwich or cheese & biscuits. Tinned fruit or yoghurt or Crème caramel or Mousse or Choc Ice or Cornetto Fruit cake. | |

Special Dietary Needs Can Be Catered for Under Separate Arrangements
Alternatives to this menu can be requested if required, with prior notice.

Foods containing allergens are depicted in bold. Please see the Cook if you need advice